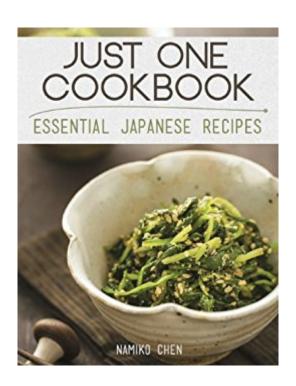
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Just One Cookbook - Essential Japanese Recipes





Synopsis

Since elementary school, I spent almost every evening in my mother's kitchen helping her prepare dinner. She showed me that cooking can be fun and simple recipes really can be delicious! I cherish all the tips and tricks she taught me and incorporate them into my daily cooking, using fresh, high quality ingredients. This cookbook is a collection of the most popular recipes shared on my blog, Just One Cookbook, over the past three years. It includes classic Japanese recipes like chawanmushi, gyudon and kitsune udon, as well as modern favorites like California rolls and green tea ice cream. Enjoy! Since elementary school, I spent almost every evening in my mother's kitchen helping her prepare dinner. She showed me that cooking can be fun and simple recipes really can be delicious! I cherish all the tips and tricks she taught me and incorporate them into my daily cooking, using fresh, high quality ingredients. This cookbook is a collection of the most popular recipes shared on my blog, Just One Cookbook, over the past three years. It includes classic Japanese recipes like chawanmushi, gyudon and kitsune udon, as well as modern favorites like California rolls and green tea ice cream. Enjoy!

Book Information

File Size: 3688 KB

Print Length: 116 pages

Publisher: eBooklt.com (March 13, 2014)

Publication Date: March 13, 2014

Sold by: A Digital Services LLC

Language: English

ASIN: B00IZWRQHA

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #81,818 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #8 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > Asian > Japanese #39 in Books > Cookbooks, Food & Wine > Asian Cooking > Japanese #1050 in Books > Cookbooks, Food & Wine > Regional & International

Customer Reviews

This is a great book for home style cooking. All of the recipes can be found on the blog for free, and the author runs a great YouTube channel as well. The recipes taste wonderful. If you like supporting the work of people who obviously are in love with cooking, and love great recipes, I would get this book.

This is a great source of simple yet authentic Japanese recipes. Well written and easy to use. I highly recommend this for Japanese home cooking.. Some of this information is available on the internet, but I believe in supporting the author and Namiko has clearly put a lot of thought and effort into this work.

I wish this cookbook had more reviews so people would know how great the recipes are! After studying abroad in Japan for a year, I came back to the US with limited access to Japanese ingredients. That, combined with most recipes online being very Americanized, has made it difficult for me to replicate some of the dishes I enjoyed while abroad. I found Namiko's blog while searching for an udon recipe that would taste more like what I had back in Japan, and so far every once of her recipes that I've tried has been perfect! It's difficult to find authentic Japanese recipes online without the ability to search for and translate them in Japanese, and most of what is listed on popular websites is very Americanized like I've said. Namiko's recipes are authentic to what Japanese food is really like in Japan--not what it's like at most mixed-Asian-food restaurants here in the states. If you want recipes for Japanese dishes that are true to how things really are made in Japan, check out this ebook or Namiko's blog!

I just love this cookbook! It has introduced me to the joy of Japanese cooking. I also follow justonecookbook.com for free videos and recipes. Delightful and not as difficult as one might think. My family loves her recipes and are very happy about my excursion into new dishes.

Very easy, clear & accessible recipes for the western cook to get you started cooking Japanese food.

My mother is Japanese but was raised spoiled so never learned to cook more than a handful of all the wonderful Japanese recipes. I shop regularly in a small Japanese grocery store in another town but since I don't read Japanese, I have to pass on most of the products. This book has been a wonderful introduction to half my ethnic background. The recipes are easy to follow, the images are

wonderful and they all taste great. I'm so lucky to have found this and I now follow the blog.

I enjoyed cooking some of these wonderful dishes. The flavors are what I remember growing up--some even better! The recipes I've tried are not complicated--a plus and the photos help.

Great little book. Very informative especially for the beginner like myself. The write ups are clear and easy to follow. Thanks for producing this book.

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